

August 2025 Schedule

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:00 Bible Study 9:00 Sewing 9:30 Total Body 10:00 Bingo 10:15 Stretch and Release 11:30 31 Cards 12:00 Bridge 12:00 Lunch from Bruno Bros. 12:30 Learn to Crochet 1:00 Video Chair Yoga 1:00 Mah Jong 4th @ 1:00 Advisory Council Meeting 4th Addison Cornersburg 11th @ 11:30 Book Club "Those Girls" by Chevy Stephens 18th @ 1:00 Computer Class "Apple Pay" 25th @ 11:30 Cooking Class **	9:00 Video Tai Ji Quan 9:00 Sewing 10:00 Bingo 10:00 Drum Your Way Fit 11:00 Quick Yoga 11:30 31 Cards 11:30 Spades 11:45 Chair Aerobics with Mercy Health 12:00 Lunch from Bandidos 12:30 Spanish Class 12:30 Games Galore 5th @ 11:30 Speak with A Social Worker 12th @ 1:00 Trivia Sponsored By Woodlands 12th Mobile Market 19th Trip: Amish Country 19th De-Stress With Polly 19th Brian Gladysz Insurance 26th @ 12:30 Wheel of Fortune 26th @ 1:00 Hearing Screenings with Ohio Hearing and Audiology	9:00 Blood Pressure Checks By Woodlands 9:00 Sewing 9:00 Power Pilates 9:00 Watercolor & Drawing Class 10:00 Bingo 10:00 Dominos 11:30 31 Cards 11:30 Double Deck Pinochle 11:30 Intermediate Ukulele 12:00 Bridge 12:00 Lunch from Chick-fil-a 12:30 500 Bid 12:30 Beginner's Ukulele 1:00 Coloring Group 1:00 Wine Making 6th @ 11:00 Cholesterol Checks with Carestar 13th @ 12:15 Caregivers Support Group 20th @ 11:00 Mercy Health Checks 20th @ 1:00 Modern Line Dance 27th De-Stress With Fluffy 27th @ 12:30 Movie Matinee "Book Club"	9:00 Wood Carving 9:00 Video Tai Ji Quan 9:00 Sewing 9:45 Weekly Membership Meeting 10:00 Senior Spinning 10:00 Bingo 10:00 Dominos 10:00 Walking Club 10:30 Chair Yoga 12:00 Lunch from Charly's 12:00 500 Bid 1:00 Bingo 7th Trip: Pies, Chocolates, and Vineyard 28th @ 12:30 Monthly Birthday Party Sponsored By Woodlands	9:00 Bible Study 9:30 Senior Spinning 10:00 Kettle Bell and Weight Training 10:00 Bingo 11:30 Fencing 8th @ 12:00 Lunch and Learn "Asset Protection for Nursing Homes" With Piccirillo Law ** 22nd @ 12:00 Check Washing Seminar with The Mahoning County Prosecutor's Office 29th Trip: Canfield Fair

**** denotes sign up at front desk ****

lunches must be ordered and paid for by 10:15am, menus at front desk

Austintown Senior Center

Phone: 330-953-1416

Address: 112 Westchester Drive, Austintown Ohio 44515

Website: austintownseniorcenter.org

Hours: Monday- Thursday 8-3, Friday 8-1