

January 2026 Schedule

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:00 Bible Study 9:00 Sewing 9:00 Total Body 10:00 Bingo 11:30 31 Cards 12:00 Bridge 12:30 Crochet 1:00 Video Chair Yoga 1:00 Mah Jong 5th @ 1:00 Advisory Council Meeting 5th @ 1:00 Cybersecurity Course with MCCTC ** 12th @ 12:30 Book Club "Calamity of Souls" by David Baldacci 19th Center Closed 26th @ 12:30 Cooking Class **	9:00 Tai Ji Quan 9:00 Sewing 10:00 Bingo 11:00 Quick Yoga 11:30 31 Cards 11:30 Spades 11:45 Chair Aerobics with Mercy Health 12:30 Games Galore 6th @ 11:30 Speak with A Social Worker 13th @ 1:00 Trivia Sponsored By Woodlands 13th Brian Gladyz Insurance 20th De-Stress With Polly 20th @ 12:30 Wheel of Fortune 27th Windsor House 27th @ 11:00 Local Bite Brigade @ Charly's Family Restaurant	9:00 Blood Pressure Checks By Woodlands 9:00 Sewing 9:00 Power Pilates 9:00 Watercolor & Drawing Class 10:00 Bingo 10:00 Dominos 10:00 Drum Your Way Fit 11:30 31 Cards 11:30 Double Deck Pinochle 11:30 Intermediate Ukulele 12:00 Bridge 12:30 500 Bid 12:30 Beginner's Ukulele 7th De-Stress With Fluffy 14th @ 12:15 Caregivers Support Group 14th @ 11:00 Local Bite Brigade @ Marinos 21st @ 1:00 Modern Line Dance 21st @ 1:00 First Light Thrive Program 28th @ 11:00 Mercy Health Checks 28th @ 12:30 Monthly Movie "Thursday Murder Club"	8:30 Veteran Connection 9:00 Wood Carving 9:00 Tai Ji Quan 9:00 Sewing 9:45 Weekly Membership Meeting 10:00 Senior Spinning 10:00 Bingo 10:00 Dominos 10:00 Walking Club 10:30 Kettle Bell and Weight Training 10:15 Chair Yoga 12:00 500 Bid 1:00 Bingo 1st Center Closed 22nd @ 12:30 Monthly Birthday Party Sponsored By Woodlands	9:00 Bible Study 9:00 Senior Spinning followed by Stretch and Cool Down 10:00 Bingo 11:30 Fencing 2nd Center Closed 9th @ 12:00 Lunch and Learn with Buckeye Pace "New Year's Resolution – Your Health" ** 16th @ 11:30 Jewelry Making Class** 23rd @ 1:00 Volunteer Appreciation Lunch ** 19th @ 12:00 Lunch and Learn with Brookdale "Memory 101" **

** denotes sign up at front desk **

lunches must be ordered and paid for by 10:15am, menus at front desk

Austintown Senior Center

Phone: 330-953-1416

Address: 112 Westchester Drive, Austintown Ohio 44515

Website: austintownseniorcenter.org

Hours: Monday- Thursday 8-3, Friday 8-1