

November 2025 Schedule

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:00 Bible Study 9:00 Sewing 9:00 Total Body 10:00 Bingo 11:30 31 Cards 12:00 Bridge 12:00 Lunch: Little Hunan 12:30 Crochet 1:00 Video Chair Yoga 1:00 Mah Jong 3rd @ 1:00 Advisory Council Meeting 3rd Addison Cornersburg 10th @ 12:30 Book Club "Thanksgiving" by Janet Evanovich 10th @ 11:30 Cooking Class** 17th @ 9:30 OSHIIP Medicare Counseling Oct 20 - Dec 8 11:30 – 12:30 Eight Week Hypertension Class with Board of Health**	9:00 Tai Ji Quan 9:00 Sewing 10:00 Bingo 11:00 Quick Yoga 11:30 31 Cards 11:30 Spades 11:45 Chair Aerobics with Mercy Health 12:00 Lunch: Ianazone 12:30 German Class 12:30 Games Galore 4th @ 11:30 Speak with A Social Worker 4th @ 12:30 Wheel of Fortune 11th Center Closed 18th @ 1:00 Trivia Sponsored By Woodlands 18th De-Stress With Polly 25th Decorate the Center	9:00 Blood Pressure Checks By Woodlands 9:00 Sewing 9:00 Power Pilates 9:00 Watercolor & Drawing Class 10:00 Bingo 10:00 Dominos 10:00 Drum Your Way Fit 11:30 31 Cards 11:30 Double Deck Pinochle 11:30 Intermediate Ukulele 12:00 Bridge 12:00 Lunch: Chick-fil-a 12:30 500 Bid 12:30 Beginner's Ukulele 12th @ 12:15 Caregivers Support Group 19th @ 11:00 Mercy Health Checks 19th @ 1:00 Modern Line Dance 26th Center Closed	9:00 Wood Carving 9:00 Tai Ji Quan 9:00 Sewing 9:45 Weekly Membership Meeting 10:00 Senior Spinning 10:00 Bingo 10:00 Dominos 10:00 Walking Club 10:30 Kettle Bell and Weight Training 10:15 Chair Yoga 12:00 Lunch: Charly's 12:00 500 Bid 1:00 Bingo 6th Windsor House 13th @ 1:00 Tote Bag Making Class** 20th @ 12:30 Monthly Birthday Party Sponsored By Woodlands 27th Center Closed	9:00 Bible Study 9:00 Senior Spinning followed by Stretch and Cool Down 10:00 Bingo 11:15 Fencing 7th De-Stress With Fluffy 7th @ 12:00 Lunch and Learn "Medicare Scams" with Mark Cole Agency and Dave Long** 14th @ 12:00 Lunch and Learn "Mind & Memory 101" with Brookdale** 21st @ 12:00 Seminar "Probate 101" with Judge Rusu of Mahoning County Probate Court 28th Center Closed

**** denotes sign up at front desk ****

lunches must be ordered and paid for by 10:15am, menus at front desk

Austintown Senior Center

Phone: 330-953-1416

Address: 112 Westchester Drive, Austintown Ohio 44515

Website: austintownseniorcenter.org

Hours: Monday- Thursday 8-3, Friday 8-1