

May 2023 Schedule

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
9:00 Bible Study 9:30 Total Body 9:00 Sewing 10:00 Bingo 10:30 Senior Spinning 11:30 31 Cards 12:00 Bridge 12:00 Lunch from Bruno Bros. 12:30 Learn to Crochet 1:00 Video Chair Yoga <i>1st @ 1:00 Advisory Council Meeting</i> <i>8th @ 9:00 Trip: Hartville Marketplace and Flea Market</i> <i>8th @ 11:30 Instapot Class</i> <i>15th @ 9:30 Mind Challenge Trivia</i> <u><i>15th Bingo moved to 1:00PM</i></u> <i>15th @ 11:00 Social Worker Visit Sponsored by Oak Street Health</i> <i>29th Center Closed</i>	9:00 Video Tai Chi 9:00 Sewing 10:00 Bingo 10:00 Drum Your Way Fit 11:00 Quick Yoga 11:30 Spades 11:30 31 Cards 11:45 Chair Aerobics with Mercy Health 12:00 Social Dancing for Seniors 12:00 Lunch Walrus Subs 12:30 Games Galore 1:00 Shooting Class <i>2nd Canfield Place</i> <i>9th @ 1:00 Trivia Sponsored By Woodlands</i> <i>16th @ 12:30 Family Feud Sponsored By Oak Street Health</i> <i>30th @ 9:30 Mind Challenge Trivia</i> <u><i>30th Bingo moved to 1:00PM</i></u>	9:00 Blood Pressure Checks By Woodlands 9:00 Sewing 9:00 Painting 10:00 Bingo 10:00 Dominos 11:30 Beginner Ukulele 11:30 Double Deck Pinochle 11:30 31 Cards 12:30 Intermediate Ukulele 12:00 Lunch from Chick-fil-a 12:00 Coloring Group 12:30 500 Bid <i>3rd @ 11:30 Alzheimer's Support Group</i> <i>10th @ 11:00 Mercy Health Blood Pressure, Glucose, Cholesterol Checks</i> <i>10th @ 1:00 Line Dance</i> <i>31st @ 12:30 Movie Matinee</i>	9:00 Wood Carving 9:00 Video Tai Chi 9:00 Sewing 9:45 Weekly Membership Meeting 10:00 Bingo 10:00 500 Bid 10:00 Walking Club 10:30 Chair Yoga 11:45 Guided Mindful Meditation 12:00 Lunch from Charly's 12:00 500 Bid 1:00 Bingo <i>11th Hiner Insurance</i> <i>25th @ 12:30 Monthly Birthday Party Sponsored By Woodlands</i>	9:00 Bible Study 9:00 Senior Spinning 10:00 Barre 10:00 Bingo 11:00 Fencing <i>5th @ 12:00 Lunch and Learn: Century 21 Real Estate "Pre Home Inspections: Getting Your Home Ready to Sell"</i>

****lunches must be ordered and paid for by 10:15am, menus at front desk****

Austintown Senior Center

Phone: 330-953-1416

Address: 112 Westchester Drive, Austintown Ohio 44515

Website: austintownseniorcenter.org

Hours: Monday- Thursday 8-3, Friday 8-1